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Tilapia Fillets

Tilapia, with its mild taste and flaky texture, is one of the most popular seafood menu items in the United States. Tilapia can be cooked in a variety of ways, including broiling, steaming, baking, and sautéing. Our Oyster Bay brand tilapia is sure to provide you with the quality and consistency you have come to expect from Harbor Seafood, as well as with the versatility that makes tilapia such a hit!



Features and Benefits:

Our Oyster Bay tilapia fillets are individually quick frozen (IQF) and then vacuum packed for longer shelf life and ease of use. Just take what you need from the box, remove from plastic packaging, thaw, and prepare using your favorite recipe! There is no mess or loss, such that is associated with bulk frozen items; just easy to use, perfect fillets every time!

Menu Ideas:

Tilapia is often served with a light sauce such as lemon dill and paired with grilled vegetables. However, it has recently been the hit of many fish fries when breaded or battered! Try your own house batter for a unique twist on this mild fish. Other applications include Cajun fish tacos as well as many pasta dishes. Tilapia, with its light flavor, can pair well with almost any sauce or cuisine.

Handling:

Keep frozen for up to 24 months.

2-3 oz
Skinless, Boneless
Item No. 570950
GTIN 10049029002661

3-5 oz
Skinless, Boneless
Item No. 570952
GTIN 10049029002678

5-7 oz
Skinless, Boneless
Item No. 570954
GTIN 10049029002685

7-9 oz
Skinless, Boneless
Item No. 570956
GTIN 10049029002692

9-11 oz
Skinless, Boneless
Item No. 570958
GTIN 10049029002708

Product Description	Fillets
Pack Size	1 x 10
Master Case Net Weight	10 lb
Master Case Gross Weight	11 lb
Case Dimensions & Case Cube	14.2"L x 10.8"W x 4.5"H • 0.399
Pallet Ti x Hi	10 x 14
Method of Catch	Farm Raised
Storage	Keep Frozen 0°F (-18°C)
Shelf Life	24 months
Species	<i>Oreochromis niloticus</i>
Country of Origin	China