



MUSSELS

Oyster Bay Mussels are responsibly farm raised in the pristine waters of Chile, where ideal growing conditions help develop their naturally sweet flavor and tender texture. Rope grown and carefully monitored throughout the harvest cycle, each crop is selected to deliver consistent quality, yield, and performance. Fully cooked and cleaned, Oyster Bay Mussels offer operators a convenient, labor-saving solution without compromising on flavor or presentation.



For more information, please call / email us at
1.800.645.2211 / customerservice@harborseafood.com

OYSTER BAY®

MUSSELS

FEATURES AND BENEFITS:

- Responsibly Farmed Raised
- Individually Quick Frozen
- Fully Cooked and Cleaned
- 24-Month Shelf Life

MENU IDEAS:

Perfect for steaming in white wine and herbs, serving over pasta, or featuring in chowders and seafood stews. Looking for a twist? Try paella, cioppino, Thai curry mussels, or Spanish-style with chorizo and tomatoes.

HANDLING:

Keep frozen up to 24 months. Cook from frozen.



Nutrition Facts

Serving size	3 oz (85g)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat	1.5g 2%
Saturated Fat	0.5g 3%
Trans Fat	0g
Cholesterol	45mg 15%
Sodium	520mg 23%
Total Carbohydrate	4g 1%
Dietary Fiber	0g 0%
Total Sugars	0g
Includes 0g Added Sugars	0%
Protein	12g
Vitamin D	0mcg 0%
Calcium	40mg 4%
Iron	2.7mg 15%
Potassium	150mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

1 lb Whole Shell
Whole, Fully Cooked/Cleaned
HSF Item #: 645133
DOT Item #: 470977
GTIN: 10049029013421

5 lb Mussel Meat
Whole, Fully Cooked/Cleaned
HSF Item #: 645200
GTIN: 100490290137289

5 lb Half Shell
Whole, Fully Cooked/Cleaned
HSF Item #: 645210
DOT Item #: 810932
GTIN: 10049029013629

1 lb Mussel Meat
Whole, Fully Cooked/Cleaned Bag
HSF Item #: 645220
UPC: 049029005283
GTIN: 10049029005280

Product Description	Whole Shell 1 lb	Mussel Meat 1 lb	Half Shell 5 lb / Mussel Meat 5 lb
Pack Size	10 x 1 lb	10 x 1 lb	2 x 5 lb
Master Case Net Weight	10 lb	10 lb	10 lb
Master Case Gross Weight	12 lb	12 lb	12 lb
Case Dimensions & Case Cube	12.6"L x 10"W x 6.3"H 0.459	12.8"L x 8.8"W x 7.7"H 0.502	11.2"L x 10"W x 4.6"H 0.298
Pallet Ti x Hi	12 x 10 (est)	16 x 5 (est)	7 x 9 (est)
Method of Catch	Farm Raised		
Storage	Keep Frozen		
Shelf Life	24 months		
Species	<i>Mytilus chilensis</i>		
Country of Origin	Chile		



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